



March 25-27, 2026

Training hosted by:
Vienna Police Department

Training Site:
Vienna Police Department
215 Center Street South
Vienna, VA 22180

March 25: 8a-6p
March 26: 8a-9p
March 27: 8a-6p

Female/Male teams highly
recommended

A 60/40 female/male student ratio
will be maintained.

Program Instructor:
Kristin Ruddy Ball
RAD VA State Director
RAD Instructor Trainer

WOMEN'S BASIC PHYSICAL DEFENSE INSTRUCTOR CERTIFICATION

R.A.D., or "Rape Aggression Defense" Systems, is the largest women's physical self-defense network in the country today. R.A.D. Systems courses are taught at over 1,500 colleges, universities, police departments, and other community organizations throughout the United States, Canada, and abroad.

This intense, 3-day Instructor Program is a cost-effective way to obtain your organization's own certified R.A.D. Basic Self-Defense Instructor(s). It offers a structured, time-tested program to the women in your community to develop and enhance the options of self-defense so they can become viable considerations to the woman who is attacked.

This comprehensive program is one of a kind, and now your agency can utilize its basic, tailored format as an addition to your community services. This course is taught in an environment that is conducive to learning by focusing on efficient instructional techniques, proven tactics, and unique insight about the many aspects of violence against women. The program also includes an evening exercise that is designed to safely simulate real world, confrontational scenarios for its students.

Tuition for this program is \$650.00. Registration includes all program materials, a 200+ page Instructor's curriculum, and a certificate to be issued upon successful completion of the class. Once registration is complete, you will receive detailed information for the class.

To register for this course, please complete the form below and email or fax to:

Kristin.Ruddy@ViennaVA.gov
Vienna Police Department
215 Center Street South
Vienna, VA 22180
(703) 255-5743 (FAX)
(703) 255-7805 (VM)

Payment is due to finalize registration. Spots are briefly reserved after initial registration to provide opportunity to secure payment, but waitlisted registrations will eventually begin to override pending payment registrations if their payments are completed first. If your jurisdiction requires or you prefer check payment, fill out the billing section below to initiate the invoice process. Checks may be made payable to the Town of Vienna and mailed. Cancellations are subject to a 20% processing charge. Refunds will not be permitted for cancellations made within one week of the program start. If the program is cancelled, a full refund of tuition will be given. Substitutions may be allowed, however male substitutions are not permitted for female registrants. If sending more than one person, Female/Male teams are highly recommended. Once registration is received, you will be emailed a confirmation letter with the rest of the course details. The registration deadline is 03/15/2026 unless the class fills earlier.

Please fill out a separate registration PER STUDENT with separate payment of \$650 PER STUDENT.

Student Name: _____

Department / Organization: _____

Student or Organization Address: _____

Student Email: _____ Day Phone: _____

LEO? **Y** or **N**

Sex: **F** or **M**

Paid using link below? **Y** or **N**

IACLEA membership? (Discount for \$50.00): **Y** or **N**

Online payments may be made using the below link, however please note there is a 2.5% processing fee.

(Enter class "date" as **RAD Mar 25**):

<https://www.velocitypayment.com/client/vienna/police/index.htm>

or

Fill out the information below to request an invoice to coordinate check payments:

Bill to Name and Agency: _____

Bill to Phone: _____ Bill to Email: _____

Bill to Address: _____