



WOMEN'S BASIC PHYSICAL DEFENSE INSTRUCTOR CERTIFICATION

R.A.D., or "Rape Aggression Defense" Systems, is the largest women's physical self-defense network in the country today. R.A.D. Systems courses are taught at over 1,500 colleges, universities, police departments, and other community organizations throughout the United States, Canada, and abroad.

This intense, 3-day Instructor Program is a cost-effective way to obtain your organization's own certified R.A.D. Basic Self-Defense Instructor(s). It offers a structured, time-tested program to the women in your community to develop and enhance the options of self-defense so they may become viable considerations to the woman who is attacked.

This comprehensive program is one of a kind, and now your agency can utilize its basic, tailored format as an addition to your community services. This course is taught in an environment that is conducive to learning by focusing on efficient instructional techniques, proven tactics, and unique insight about the many aspects of violence against women. The program also includes an evening exercise that is designed to safely simulate real world, confrontational scenarios for its students.

Tuition for this program is \$650.00. Registration includes all program materials, a 200+ page Instructor's curriculum, and a certificate to be issued upon successful completion of the class. Once registration is complete, you will receive detailed information for the class.

To register for this course, please complete the form below and email or fax to:

Kristin.Ruddy@ViennaVA.gov

Vienna Police Department
215 Center Street South
Vienna, VA 22180
(703) 255-5743 (FAX)
(703) 255-7805 (VM)

March 25: 8a-6p
March 26: 8a-9p
March 27: 8a-6p

Female/Male teams highly recommended

A 60/40 female/male student ratio will be maintained.

Program Instructor:

Kristin Ruddy Ball

RAD VA State Director
RAD Instructor Trainer

Please fill out a separate registration PER STUDENT with separate payment of \$650 PER STUDENT.

Student Name: _____

Department / Organization: _____

Student or Organization Address: _____

Student Email: _____ Day Phone: _____

LEO? Y or N Sex: F or M Paid using link below? Y or N

IACLEA membership? (Discount for \$50.00): Y or N

Online payments may be made using the below link, however please note there is a 2.5% processing fee.

(Enter class "date" as **RAD Mar 25**):

<https://www.velocitypayment.com/client/vienna/police/index.htm>

or

Fill out the information below to request an invoice to coordinate check payments:

Bill to Name and Agency: _____

Bill to Phone: _____ Bill to Email: _____

Bill to Address: _____