



## R.A.D. SYSTEMS Basic Physical Defense Instructor Certification

**Indian River County Sheriff's Office**

**July 20-22, 2026 (start time 8am, daily)**

**Location:** 4055 41<sup>st</sup> Ave, Vero Beach, FL 32960

Upon successful completion, participants will be certified to teach the R.A.D. System of Basic Physical Defense. This intense **3-day, instructor program** is a cost-effective way to obtain your own R.A.D. self-defense instructor(s) and offer this proactive program to the women in your community. It is the most comprehensive program of its kind and now your agency can utilize the basic tailored format, as a part of your overall crime prevention package. Our instructors' program is dynamic and guaranteed to challenge every participant. The course is taught in a relaxed environment conducive to learning our tested instructional techniques, proven tactics and unique insight into the problem of violence against women. Our program includes physical defense workouts for technique development and includes an exercise that is designed to simulate confrontational situations. Registration includes all program materials, a 200+ page instructor's curriculum, certificate, and ID card with copyright permissions. Specific information on location and lodging will follow once registration/payment has been processed.

*For questions, please contact Program Instructor Trainers: Betty or Jim Helms, 954-655-PLUS (7587)*

**TUITION for this Program is \$650.00** (credit cards **not** accepted)

**Enrollment is limited; Pre-Payment is required to secure your position. Enrollment deadline is: June 22, 2026**  
*Training location and lodging information will be provided to all confirmed attendees prior to class start date*

**To enroll for this program, please complete the form below and return with payment made out to:**

\*\*\*\*\*

**R.A.D. Plus, LLC - P.O. BOX 84-8216, Pembroke Pines, FL 33084**

**Payment to: R.A.D. Plus, LLC / Tax ID# 65-0979536**

**Phone: 954-655-PLUS (7587) / Email: radsouthfla@gmail.com**

**Name:** \_\_\_\_\_

**Female / Male** (please circle)

**Dept. / Org:** \_\_\_\_\_

**Law Enforcement Certified:** Yes / No (please circle)

**Address:** \_\_\_\_\_

**\$50 discount for IACLEA member**

Yes  No

**IACLEA Member #:**

**E-Mail:** \_\_\_\_\_

**Daytime Phone:** (\_\_\_\_) \_\_\_\_\_

**Male/Female teams highly recommended** (Male substitutions are **not** permitted for female registrants.)

•10% discount is available to agencies registering 3 or more participants. However, all must attend •Cancellations are subject to a 20% processing charge from the intended tuition. Refunds will not be permitted for cancellations made within one week of the program start, however credit will be made toward another RAD Instructor's Program instructed by R.A.D PLUS. •50/50 male:female class ratio preferred: **women will receive priority registration**. No Show, No Refund, No Credit. Male substitutions are not permitted for female registrants. If the program is cancelled, a full refund of tuition will be given.

•• *Male registrants who are not currently in law enforcement or active military service will be required to have a background check performed by R.A.D. Systems prior to being accepted into this program.*

In consideration of others, please refrain from bringing pets and/or other animals to training. Thank you.