

# BASIC PHYSICAL DEFENSE INSTRUCTOR CERTIFICATION

Upon successful completion, participants will be certified to teach the R.A.D. System Basic Physical Defense. **This intense 3-day 30-hour Instructor program** is a cost-effective way to obtain your organization's own R.A.D. Self-defense Instructor(s), and offer this consistently structured, time-tested, proactive program to the women in your community. This is the most comprehensive program and the only one of its kind. Now you and/or your agency can utilize its basic tailored format as an addition to your crime prevention/community policing offerings. This course is taught in a relaxed environment that is conducive to learning tested instructional techniques, proven tactics, and unique insight into the problem of violence against women. Our program also includes physical defense workouts for technique development and an evening exercise that is designed to simulate confrontational circumstances. From awareness and risk reduction to dynamic impact training, this program covers all the basics! Registration includes a 200+ page Instructor Curriculum with a Participant Manual to copy and an Instructor Certificate. **This course is MCOLES-approved.**

Tuition for this program is **\$550.00**. To register please complete the registration form below and mail or email, with a credit card, check, or money order, payable to:



**Wayne State University Police Department**  
 6050 Cass Avenue  
 Detroit, MI 48202  
 (O) 313-577-6059 (C) 248-830-9021  
[Jaclyn.wilton@wayne.edu](mailto:Jaclyn.wilton@wayne.edu)



Space is Limited. Register Now!

Aim Higher! Be the Change!



**Hosted By:**  
**Wayne State University  
 Police Department**

**May 5 - 7, 2025**

**BPD Instructor Trainers  
 Jaclyn Wilton &  
 Eleshia K. Evans**



Name: \_\_\_\_\_ Male / Female (Please Circle)

Street Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Dept./Organization: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ LEO or Qualified Specialist (Please Circle)

IACLEA Membership #: \_\_\_\_\_ MCOLES #: \_\_\_\_\_

\*Please provide proof of IACLEA membership - \$50 Discount **Male/Female Teams highly recommended**

A 10% discount is available to agencies that register three or more participants. However, all must attend. Payment is due one month before class starts. Cancellations are subject to a 20% processing charge from the intended tuition. Refunds will not be permitted for cancellations made within one week of the start of class. However, credit will be given to another R.A.D. Instructor Certification by the same Instructor Trainer. If the program is canceled, a full refund of tuition will be given.

Credit Card # \_\_\_\_\_ Exp: \_\_\_\_\_ Credit Card Billing Zip: \_\_\_\_\_ CVV: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_