



February 6-8, 2023

Training hosted by:
Stafford County
Sheriff's Department, VA
In partnership with
Vienna Police Department, VA

Training Site:
Public Safety Building
1225 Courthouse Road
Stafford, VA 22554

Feb 6: 8a-6p
Feb 7: 8a-9p
Feb 8: 8a-6p

Female/Male teams
highly recommended

A 60/40 female/male student
ratio will be maintained.

Program Instructor:
Kristin Ruddy Ball
RAD VA State Director
RAD BPD Instructor Trainer

BASIC PHYSICAL DEFENSE INSTRUCTOR CERTIFICATION

R.A.D., or "Rape Aggression Defense" Systems, is the largest women's physical self-defense network in the country today. R.A.D. Systems courses are taught at over 1,500 colleges, universities, police departments, and other community organizations throughout the United States, Canada, and abroad. R.A.D. is also the only self-defense program ever supported by the International Association of Campus Law Enforcement Administrators (IACLEA).

Upon successful completion of this class, participants will be certified to teach the R.A.D. System of Basic Physical Defense. This intense, 3-day Instructor Program is a cost-effective way to obtain your organization's own R.A.D. Self-Defense Instructor(s). It offers a structured, time-tested program to the women in your community to develop and enhance the options of self defense so they may become viable considerations to the woman who is attacked. This comprehensive program is the only one of its kind, and now your agency can utilize its basic, tailored format as an addition to your community services. This course is taught in an environment that is conducive to learning by focusing on instructional techniques, proven tactics, and unique insight about the many aspects of violence against women. The program also includes an evening exercise that is designed to simulate confrontational scenarios.

Tuition for this program is \$550.00. Registration includes all program materials, a 200+ page Instructor's curriculum, and a certificate to be issued upon successful completion of the class. Once registration is complete, you will receive detailed information for the class.

To register for this course, please complete the form below and email to:

Kristin.Ruddy@ViennaVA.gov

Vienna Police Department

301 Center St. S.

Vienna, VA 22180

(703) 255-7805 (VM)

Please note, Kristin is a midnights patrol sergeant

Prompt day work replies may not occur

Payment is due by or before the start of class. Cancellations are subject to a 20% processing charge. Refunds will not be permitted for cancellations made within one week of the program start. If the program is cancelled, a full refund of tuition will be given. Substitutions may be allowed, however male substitutions are not permitted for female registrants. If sending more than one person, Female/Male teams are highly recommended. Once registration is received, you will be emailed a confirmation letter with the rest of the course details. We reserve the right to waitlist registrants to maintain the female to male ratio. The registration deadline is 01/31/2023 unless the class fills earlier.

Please fill out a separate registration form PER STUDENT and submit via email.

Name: _____ Female Male

Address: _____

Department / Organization: _____

Student Email: _____

Second Email: _____
(optional - ie, coordinator registering for someone else)

Student Phone #: _____ LEO: Yes No Qualified Specialist? _____

Questions/Comments: _____

Please send a separate **online payment** PER STUDENT using the below link (Class date: "Feb 2023");
<https://www.velocitypayment.com/client/vienna/police/index.htm>

If you are registering for both the Basic Instructor class **AND** the Replicating Adverse Dynamics class on Feb 9-10, you may make one payment if you choose to. Please just denote that in the comments section on both of your registration forms.

Administrators, please note: this is a physically and mentally intensive class. It is highly recommended that students be provided with hotel accommodations if travel will be more than an hour.