

Self Defense For Older Adults Instructor Certification

Rape Aggression Defense Systems, Inc



Participants may be certified to teach the R.A.D. System of Self Defense for Older Adults. This 2 day, 20 hour Instructor Program is a cost effective way to obtain your own Self-Defense Instructor(s), and offer this consistently structured, proactive program to the older adults in your community. This is a most comprehensive program and the only one of its kind, and now your agency can utilize its basic, tailored format as an addition to your present crime prevention offerings. This course is taught in a relaxed environment that is conducive to learning tested instructional techniques, proven tactics and unique insights about the problems unique to older adults. Our program also includes physical defense workouts for technique development, and educational components to assist with the development of defensive strategies. Registration includes a 200+ page Instructor Curriculum with Participant Manual to copy, Instructor Certificate, and access to all necessary documents via the RAD Systems website.

Tuition for this program is \$300.00.

Current certification as a R.A.D. Basic Instructor is a pre-requisite for this program.

Please include a copy of your 2022 Instructor License with registration

Registration Deadline is: June 10, 2022

To enroll please complete the registration form below and mail or email to:

Amy St. Laurent Foundation
c/o Catherine E. Rumsey, R.F.S. Staff Instructor
123 Lincoln St
Bangor, ME 04401
Email aslf.rumsey@gmail.com

Name: _____

Your Host:

Address: _____

**Newton Police Department
Newton, MA**

June 27 & 28, 2022

Organization: _____

**Program Instructors:
Catherine Rumsey
RFS Staff Instructor
&**

Telephone: _____

**Coreena Behnke
Instructor Trainer**

Police Officer _____ *Qualified Specialist* _____

RAD for Seniors Tuition: \$300

Tuition for IACLEA Members: \$240 (Proof of membership required)

Tuition checks should be made payable to: Amy St. Laurent Foundation

A 10% discount is available to agencies that register three or more participants. However, all must attend. Payment is due on or before the start of class. Cancellations are subject to a 20% processing charge from the intended tuition. Refunds will not be permitted for cancellations made within one week of the program start. However, credit will be made toward another R.A.D. System Instructor's Program taught by Catherine Rumsey. If the program is cancelled, a full refund of tuition will be given. Thank you.