



**June 14-16, 2022**

**Training hosted by:**

City of Bowie  
Police Department, MD  
In partnership with  
Vienna Police Department, VA

**Training Site:**  
Kenhill Center  
Multipurpose Room  
2614 Kenhill Drive  
Bowie, MD 20715

**June 14: 8a-6p**  
**June 15: 8a-9p**  
**June 16: 8a-6p**

Female/Male teams  
highly recommended

A 60/40 female/male student  
ratio will be maintained.

**Program Instructor:**

**Kristin Ruddy Ball**  
RAD VA State Director  
RAD Instructor Trainer

**BASIC PHYSICAL DEFENSE  
INSTRUCTOR CERTIFICATION**

R.A.D., or "Rape Aggression Defense" Systems, is the largest women's physical self-defense network in the country today. R.A.D. Systems courses are taught at over 1,500 colleges, universities, police departments, and other community organizations throughout the United States, Canada, and abroad. R.A.D. is also the only self-defense program ever endorsed by the International Association of Campus Law Enforcement Administrators (IACLEA).

Upon successful completion of this class, participants will be certified to teach the R.A.D. System of Basic Physical Defense. This intense, 3-day Instructor Program is a cost-effective way to obtain your organization's own R.A.D. Self-Defense Instructor(s). It offers a structured, time-tested program to the women in your community to develop and enhance the options of self defense so they may become viable considerations to the woman who is attacked. This comprehensive program is the only one of its kind, and now your agency can utilize its basic, tailored format as an addition to your community services. This course is taught in an environment that is conducive to learning by focusing on instructional techniques, proven tactics, and unique insight about the many aspects of violence against women. The program also includes an evening exercise that is designed to simulate confrontational scenarios.

**Tuition for this program is \$450.00.** Registration includes all program materials, a 200+ page Instructor's curriculum, and a certificate to be issued upon successful completion of the class. Once registration is complete, you will receive detailed information for the class.

**To register for this course, please complete the form below and email or fax to:**

**Kristin.Ruddy@ViennaVA.gov**

Vienna Police Department  
301 Center St. S.  
Vienna, VA 22180

**(703) 255-5743 (FAX)**  
**(703) 255-7805 (VM)**

\*\*Please note, Kristin is a midnights patrol sergeant\*\*  
\*\*Prompt day work replies may not occur\*\*

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Payment is due by or before the start of class. Checks may be made payable to the Town of Vienna and mailed. Cancellations are subject to a 20% processing charge. Refunds will not be permitted for cancellations made within one week of the program start. If the program is cancelled, a full refund of tuition will be given. Substitutions may be allowed, however male substitutions are not permitted for female registrants. If sending more than one person, Female/Male teams are highly recommended. Once registration is received, you will be emailed a confirmation letter with the rest of the course details. The registration deadline is 05/31/2022 unless the class fills earlier.

Please fill out a separate registration form PER STUDENT with separate payment PER STUDENT.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Department / Organization: \_\_\_\_\_

Email: \_\_\_\_\_ Day Phone: \_\_\_\_\_

LEO or Qualified Specialist? **Y** or **N** Sex: **Male** or **Female**

Online payments using the below link are **highly** encouraged (Class date: June 22):  
<https://www.velocitypayment.com/client/vienna/police/index.htm> or fill out the below information:

Name on Credit Card: \_\_\_\_\_

Credit Card #: \_\_\_\_\_ CVV#: \_\_\_\_\_

Billing Zip: \_\_\_\_\_ Signature: \_\_\_\_\_

IACLEA Membership # for \$100.00 Membership discount \_\_\_\_\_