



# BASIC PHYSICAL DEFENSE INSTRUCTOR CERTIFICATION



Rape Aggression Defense Systems is the largest women's physical self-defense network in the country today. RAD Systems courses are taught over 1500 colleges, universities, and other community organizations throughout the United States, Canada, and abroad. RAD is also the only self-defense program ever endorsed by the International Association of Campus Law Enforcement Administrators (IACLEA).

Participants in this RAD Instructor's Course will be certified, upon successful completion of the program, to teach the R.A.D. Systems of Basic Physical Defense for Women. This intense 3 day, 30 hour Instructor Certification Program is a cost effective way to obtain your own self-defense Instructor(s) and offer this program to the women in your community. This course is the most comprehensive program of its kind – and now your agency can utilize the basic tailored format as a part of your overall crime prevention and education package.

Our Instructor Certification Program is dynamic: The course is taught in a relaxed environment that is conducive to learning our tested instructional techniques, tactics, and unique insights into the problem of violence against women. Our program includes physical defense workouts for technique development and includes an exercise that is designed to empower women to practice what they have learned about confrontational situations.

**Tuition for this program is \$450.00 (\$350.00 for IACLEA Members).** Registration includes all program materials, a 125+ page instructor's curriculum, certificate, and a one-year subscription to our instructor network's newsletter. Once registration is received, you will receive more specific information on location and lodging. **To register for this course, please complete the form and send it with payment (check or money order payable to Brigham Young University Police) to:**

**Sgt. Randy O'Hara, RAD Instructor Trainer**  
2156 JKB Brigham Young University  
Provo, Utah 84602-6201  
FAX: (801)378-0935 EMAIL: [randy\\_ohara@byu.edu](mailto:randy_ohara@byu.edu)



**Hosted By:**

**Brigham Young University Police**  
Provo, Utah

**January 17-19, 2018**

*For additional information, please contact:*  
Sgt. Randy O'Hara at 801-362-0319  
[Randy\\_ohara@byu.edu](mailto:Randy_ohara@byu.edu)



Name: \_\_\_\_\_

Dept./Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Police Officer:    Yes    No                      Female      Male    (Male/Female Teams are Highly Recommended)

IACLEA Member:    Yes    No

Day Phone: \_\_\_\_\_                      E-Mail: \_\_\_\_\_

A 10% discount is available to agencies that register three or more participants. All must attend. Cancellations are subject to a 20% processing charge from the intended tuition. Refunds will not be permitted for cancellations made within one week of the program's start date; however, credit will be made toward another R.A.D. Instructor's Program instructed by the same instructor trainer. If the program is cancelled, tuition will be refunded in full.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date