

# Basic Physical Defense Instructor Certification



- **R.A.D. is the largest network of its kind with over 11,000 Instructors receiving training in our systems to date. These Instructors teach at various colleges, universities and municipal law enforcement agencies as well as other community organizations internationally**
- **Realistic self-defense tactics and techniques for women**
- **R.A.D. is the only existing program with a free lifetime return and practice policy**
- **Exclusively endorsed by the International Association of Campus Law Enforcement Administrators (IACLEA), the National Self-Defense Institute, RedMan Training Gear, and the national Academy for Defense Education**

Participants will be certified, upon successful completion, to teach the R.A.D. System of Basic Physical Defense. This intense 3-day, 30-hour Instructor Program is a cost effective way to obtain your own Self-Defense Instructor(s) and offer this consistently structured, time tested, proactive program to the women in your community. This is a comprehensive program, the only one of its kind, and now your agency can utilize its basic, tailored format as an addition to your present crime prevention offering. This course is taught in a relaxed environment that is conducive to learning, tested instructional techniques, proven tactics and unique insights about the problem of violence against women. Our program also includes physical defense workouts for technique development and an exercise that is designed to simulate a confrontational circumstance. From awareness and risk reduction to simulation training suits, this program covers all the basics. Registration includes a 200plus page Instructor Curriculum with Participant Manual, Instructor Certificate, and one year if The Instructor's Voice Newsletter.

**HOSTED by:**

**Amy St. Laurent Foundation**

**At**

**Portland Police Department**

**Portland, Maine**

**November 29, 30 and December 1, 2017**

**Authorized Instructor Trainer: Officer Coreena Behnke  
Amy St. Laurent Foundation/Portland Police Department**

**Rape Aggression Defense  
Basic Instructor Certification Program**

**Tuition for the program is \$450.00. Discount for IACLEA members: \$350.00.**

**A 10% discount is available to agencies that register 3 or more participants.**

Male/Female teams are highly recommends. To enroll submit the registration form below, along with check or money order payable to the Amy St. Laurent Foundation, to:

**Officer Coreena Behnke  
Portland Police Department  
109 Middle St.  
Portland, ME 04101**

Email:coreenad@portlandmaine.gov

Phone: 207-874-8511

**Complete the registration below to reserve your position in the program.**

**Payment is due prior to start of the program and deadline for registration is Nov 7<sup>th</sup>, 2017**

**Enrollment is limited, so please act now!!**

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**Rape Aggression Defense Basic Instructor Certification Program**

Portland Police Department, Portland, ME- November 29, 30 and December 1, 2017

Name: \_\_\_\_\_

Department/Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_ Fax: \_\_\_\_\_

Law Enforcement Officer: Yes/ No

Qualified Specialist: Yes/No

IACLEA Member: Yes/ No

Male: \_\_\_\_\_ Female: \_\_\_\_\_

Payment is due on or before the start of the class. Cancellations are subject to a 20% processing charge from the intended tuition. Refunds will not be permitted for cancellations made within one week of the program start. However, credit will be made toward another R.A.D. System Instructor's Program hosted by the Amy St Laurent Foundation. If the program is cancelled, a full refund of the tuition will be given. 50/50 male/female ration minimum must be achieved; women will receive priority registration. Male substitutes are not permitted for female registrants.